



RADIANT BLISS FOR WOMEN’S HEALTH

Each stage of a woman’s life cycle and its maturity expresses different physical, emotional, mental and social needs that affect her overall health and wellbeing. Radiant Bliss for Women’s Health uniquely addresses all ages and phases of life, whether you are in your fertile years and trying to get pregnant, transitioning into perimenopause and trying to cope with the symptoms that come with it or managing menopause. The program’s various treatments and therapies are well-researched to support a strong foundation for a woman’s health as well as help you strengthen balance and thriving vitality. Every treatment is tailored to your individual needs and health goals.

WELLNESS PROGRAM INCLUSIONS / NIGHTS	8	15	21
Wellness Consultation (45 min) including Optional Pre-arrival Consultation (30 min)*	1	1	1
Wellness Program Departure Review	1	1	1
Body Bio-Impedance Analysis	1	1	1
Naturopathic Consultation (excluding herbs) or Nutritional Guidance (60 min)	1	1	1
Homoeopathic or Bach Flower Consultation (including remedies) (75 min)	1	1	1
Initial TCM Treatment (including consultation) (75 min)	1	1	1
Traditional Asian Foot Massage with Herbal Soak (90 min)	1	1	1
Traditional Asian Hand Massage (60 min)	1	1	1
Holistic Acupressure Facial Massage (75 min)	1	1	1
Herbal Supplements & Remedies (daily set)	8	15	21
Personal Mentoring (60 min)	2	4	5
Neuroactive Fitness Training or Yoga (60 min)	2	3	5
Subsequent TCM Treatment (60 min)	1	3	5
Chi Nei Tsang (Taoist Abdominal Massage) (30 min)	2	2	3
Lanna Abdominal Samunprai Ron Treatment (60 min)	1	2	3
IV Therapy (Rejuvenate & Glow) or Hyperbaric Oxygen Therapy (75-90 min)	1	2	3
Royal Ayurvedic Traditional Massage or Kamalaya Signature Treatment: Three Treasures (90 min)	1	1	2
Kati Vasti (60 min)		1	3
Therapeutic Head Massage (60 min)		1	2
Initial Physiotherapy Session with Assessment (90 min)		1	1
Signature Rose Lymphatic Facial (90 min)		1	1
Vital Essence Oil Massage (60 min)		1	1
Shirodhara (60 min)			1
Wellness Program Progress Review		1	2
Two Kamalaya meals per night of stay (lunch and dinner), and the Afternoon High Tea	8	15	21
PACKAGE PRICE (THB)	126,934	223,142	319,124

*If not taken, the optional 30 -minute pre-arrival consultation cannot be refunded or used as credit.