



BASIC DETOX

When we eat well and our organs are functioning at optimal levels, we eliminate toxins naturally. However, when this is reversed, a state of chronic toxicity occurs. The Basic Detox program incorporates detoxifying herbal supplements and remedies with a series of therapeutic treatments including Colon Hydrotherapy to enhance the detoxification process. By using warm water to gently cleanse the large colon, Colon Hydrotherapy improves liver, lymphatic and capillary function and allows nutrients to be more efficiently absorbed. This is Kamalaya’s mid-level detox program and is recommended to reduce inflammation, relieve headaches and joint pain, stabilise mood, and increase energy and vitality.

WELLNESS PROGRAM INCLUSIONS / NIGHTS	8	11	15
Wellness Consultation	1	1	1
Wellness Program Departure Review	1	1	1
Body Bio-Impedance Analysis	1	1	1
Ozone Therapy (45-60 min)	1	1	1
Therapeutic Lymphatic Drainage (90 min)	1	1	1
Herbal Supplements & Remedies (daily set)	8	11	15
Far Infrared Sauna (30 min)	4	6	8
Chi Nei Tsang (Taoist Abdominal Massage) (30 min)	4	6	8
Vital Essence Oil Massage (90 min)	1	2	2
Colon Hydrotherapy (60 min)	1	2	2
IV Therapy (Cleanse & Purify) (90 min)			1
Wellness Program Progress Review		1	1
Two Kamalaya meals per night of stay (lunch and dinner), and the Afternoon High Tea	8	11	15
PACKAGE PRICE (THB)	103,111	143,264	185,689