

## **BRAIN ENHANCEMENT**

By nurturing our mind, we lay the foundation for a balanced and fulfilling life. Enhance cognitive function, vitality, mental clarity, and emotional resilience with our Brain Enhancement program. This unique offering integrates advanced neuroscience with traditional healing modalities, creating a harmonious approach for brain health. Tailored to individual needs, the program applies non-invasive therapies such as Neurofeeback, Neuromodulation, and Brain Stimulation Therapy to support neuroplasticity, nervous system balance, and stress resilience. Complemented by EEG Brain Mapping, Traditional Chinese Medicine, Neuroactive Fitness, Meditation, Craniosacral Therapy, and targeted IV Therapy to reduce inflammation, enhance nerve signal function, promoting sleep quality. In today's fast-paced world, this carefully curated program applies a preventive approach while addressing concerns such as brain fog, memory decline, anxiety, and focus - while optimising brain function at the root level.

WELLNESS PROGRAM INCLUSIONS / NIGHTS	8	11	15	21
Wellness Consultation	1	1	1	1
Wellness Program Departure Review	1	1	1	1
Body Bio-Impedance Analysis	1	1	1	1
Initial Neurofeedback Therapy with EEG (90 min)	1	1	1	1
Follow-up Neurofeedback Therapy with EEG (90min)	1	1	1	1
Traditional Asian Foot Massage with Herbal Foot Soak (90 min)	1	1	1	1
IV Therapy (Cognitive Renewal) (60-90 min)	1	1	1	1
Initial TCM Treatment with Consultation (75 min)	1	1	1	1
Initial Traditional Thai Therapeutic Treatment with Consultation (90 min)	1	1	1	1
Herbal Supplements & Remedies (daily set)	8	11	15	21
Upper Body Tension Relief Massage (75 min)	1	1	1	2
Neuro-Lymphatic Therapy (75 min)	1	1	2	2
Craniosacral Therapy (60 min)	1	1	2	2
Meditation or Pranayama (60 min)	1	1	2	3
Brain Stimulation Therapy (60 min)	1	2	2	3
Neuro-Sync Sound Therapy (45-60 min)	1	2	2	3
Subsequent Neurofeedback Therapy (60 min)	1	3	3	6
Neuromodulation Therapy (60 min)	2	2	2	3
Neuroactive Fitness Training or Yoga (60 min)	2	2	2	3
Transcranial Photobiomodulation Therapy (30 min)	2	2	4	5
IV Therapy (Neuro Vitality) (30 min)		1	1	1
Traditional Chinese Medicine Session (60 min)		1	1	2
Hyperbaric Oxygen Therapy (75 min)		1	2	3
Indian Head Massage (60 min)			1	1
IV Therapy (Amino Acid Plus) (60-90 min)			1	1
Shirodhara (60 min)			1	1
Kamalaya Signature Treatment: Three Treasures (90 min)			1	1
Vital Essence Oil Massage (90 min)			1	2
Chi Nei Tsang (Taoist Abdominal Massage) (30 min)				1
Traditional Thai Therapeutic Subsequent Session (60 min)				1
Wellness Program Progress Review		1	2	2
Two Kamalaya meals per night of stay (lunch and dinner), and the Afternoon High Tea	8	11	15	21
PACKAGE PRICE (THB)	140,313	190,995	266,010	363,514