



## RESILIENCE & IMMUNITY

We live in a world of change and how we respond can be an indicator of our mind-body balance and inner reserves. The Resilience & Immunity program empowers with its focus on physical health and resilience of heart and mind. It incorporates mindfulness training, meditation and bioresonance therapy to cultivate deep tranquility as well as Traditional Chinese Medicine, herbal supplements, and functional testing to identify and address areas of imbalance. This program is designed for these challenging times and is ideal for anyone experiencing post-viral fatigue, living with auto-immune conditions or wishing to feel more robust and fortified in the face of life's uncertainties.

WELLNESS PROGRAM INCLUSIONS / NIGHTS	7	9	14	21
Wellness Consultation	1	1	1	1
Wellness Program Departure Review	1	1	1	1
Holistic Fitness Evaluation with 3D Full Body Scan Assessment (90 min)	1	1	1	1
Initial TCM Consultation including Treatment (75 min)	1	1	1	1
Nutritional Guidance (60 min)	1	1	1	1
Lymphatic Drainage Therapy (90 min)	1	1	1	1
Herbal Supplements and Remedies (daily set)	7	9	14	21
Chi Nei Tsang with Ruby Treasure Oil (60 min)	1	1		
Chi Nei Tsang with Ruby Treasure Oil (30 min)			2	3
Ozone Therapy (60 min)	1	1	2	2
Hyperbaric Oxygen Therapy (60 min)	1	1	2	2
Personal Meditation or Personal Pranayama or Reiki or Yoga Session (60 min)	1	1	2	3
Mindfulness Training (60 min)	1	1	2	3
Far Infrared Sauna (30 min)	1	2	2	2
Bioresonance Therapy (20 min)	1	2	2	3
Traditional Asian Foot Massage with Herbal Foot Soak (90 min)	1	2	2	3
Marma Point Massage (90 min)		1	1	1
IV Therapy (Fortify Immunity) (90-120 min)		1	1	2
Wellness Program Progress Review		1	1	2
Traditional Chinese Medicine Session (60 min)		1	2	2
Initial Traditional Thai Therapeutic Treatment including Consultation (90 min)			1	1
Traditional Asian Hand Massage (30 min)			1	
Traditional Thai Therapeutic Treatment Subsequent Session (90 min)				1
Indian Head Massage (60 min)				1
Shirodhara (60 min)				1
Homeopathy or Bach Flower Consultation with Remedies (90 min)				1
G6PD Enzyme Test				1
<b>PACKAGE PRICE (THB)</b>	<b>120,155</b>	<b>162,163</b>	<b>233,864</b>	<b>334,462</b>