



RADIANT BLISS WOMEN'S HEALTH

Each stage of a woman's life cycle and its maturity expresses different physical, emotional, mental and social needs that affect her overall health and wellbeing. The Radiant Bliss Women's Health program uniquely addresses all ages and phases of life, whether you are in your fertile years and trying to get pregnant, transitioning into perimenopause and trying to cope with the symptoms that come with it or managing menopause. The program's various treatments and therapies are well-researched to support a strong foundation for a woman's health as well as help you strengthen balance and thriving vitality. Every treatment is tailored to your individual needs and health goals.

WELLNESS PROGRAM INCLUSIONS / NIGHTS	8	14	21
Wellness Consultation (45 min) including optional Pre-arrival Consultation (30 min)*	1	1	1
Wellness Program Departure Review	1	1	1
Body Bio-Impedance Analysis	1	1	1
Naturopathic Consultation (excludes herbs) (60 min)	1	1	1
Nutritional Guidance (60 min)	1	1	1
Initial TCM Consultation including Treatment (75 min)	1	1	1
Traditional Asian Foot Massage with Herbal Soak (90 min)	1	1	1
Traditional Asian Hand Massage (60 min)	1	1	1
Holistic Accupressure Facial (75 min)	1	1	1
Herbal Supplements and Remedies (daily set)	8	14	21
Royal Ayurvedic Traditional Massage or	1	1	2
Lanna Abdominal Samunphrai Ron Massage (60 min)	1	2	3
IV Therapy (Women's Health) or Hyperbaric Oxygen Therapy (90-120 min)	1	2	3
TCM Subsequent Treatment (Moxibustion, Cupping, Facial Acupuncture) (60 min)	1	3	5
Chi Nei Tsang (Taoist Abdominal Massage) (30 min)	2	3	4
Personal Mentoring (60 min)	2	4	5
Pilates or Yoga or Pranayama Session (60 min)	2	4	6
The Organic Pharmacy Signature Rose Crystal Lymphatic Facial (90 min)		1	1
G6PD Enzyme Test		1	1
Vital Essence Oil Massage (60 min)		1	1
Wellness Program Progress Review		1	2
Indian Head Massage (60 min)		1	2
Kati Vasti (60 min)		1	3
Shirodhara (60 min)			1
PACKAGE PRICE (THB)	132,168	228,510	333,369

*If not taken, the optional 30-minute pre-arrival consultation cannot be refunded or used as credit.