



COMPREHENSIVE DETOX & REJUVENATION

Detoxification is hugely beneficial to not only our internal organs and skin, but also in boosting metabolism and immunity, improving brain and digestion function and restoring hormonal balance. The Comprehensive Detox & Rejuvenation program includes medical science and holistic therapies and is recommended for experienced detoxers and those seeking an intensive health reset. Detoxifying herbal supplements and remedies complement a more rigorous program of therapies and treatments including Chi Nei Tsang abdominal massage, far infrared therapy, lymphatic drainage therapy and colon hydrotherapy. The result? A full cleanse of the colon, blood and lymphatic system, improved mental clarity, more luminous skin and radiant health.

Comprehensive Detox & Rejuvenation wellness program inclusions	7 nights	9 nights	14 nights	21 nights
Wellness Consultation	1	1	1	1
Wellness Program Exit & Review	1	1	1	1
Body Bio-Impedance Analysis	1	1	1	1
Detox Herbal Supplements & Remedies (1 set)	1	1	1	1
Vital Essence Oil Massage (90 min)	1	1	1	1
Traditional Thai Massage (90 min)	1	1	1	1
Far Infrared Sauna (30 min)	6	8	13	16
Chi Nei Tsang (60 min)	3	4	4	6
Lymphatic Drainage Therapy (90 min)	3	3	5	5
Colon Hydrotherapy (60 min)	2	2	3	3
Oriental Herbal Detoxifying Body Scrub & Wrap (75 min)	1	2	2	2
Traditional Asian Foot Massage with Herbal Foot Soak (90 min)	1	1	1	2
IV Vitamin Infusion (120 min)		2	2	3
Ozone Therapy (60 min)		1	2	3
Hyperbaric Oxygen Therapy (60 min)		1	2	3
Personal Training Session (60 min)		1	1	3
Mid-Wellness Program Follow-up		1	1	2
Holistic Acupressure Facial Massage (75 min)		1	1	1
Immune Recovery Facial (60 min)		1	1	1
Chi Nei Tsang (30 min)			4	6
Indian Head Massage (60 min)			1	2
Revival Exercise (60 min)			1	1