



BASIC DETOX & REJUVENATION

When we eat well and our organs are functioning at optimal levels, we eliminate toxins naturally. However, when this is reversed, a state of chronic toxicity occurs. The Basic Detox & Rejuvenation program incorporates detoxifying herbal supplements and remedies with a series of therapeutic treatments including Colon Hydrotherapy to enhance the detoxification process. By using warm water to gently cleanse the large colon, colon hydrotherapy improves liver, lymphatic and capillary function and allows nutrients to be more efficiently absorbed. This is Kamalaya's mid-level detox program and is recommended to reduce inflammation, relieve headaches and joint pain, stabilise mood, and increase energy and vitality.

Basic Detox & Rejuvenation wellness program inclusions	7 nights	9 nights	14 nights
Wellness Consultation	1	1	1
Wellness Program Exit & Review	1	1	1
Body Bio-Impedance Analysis	1	1	1
Detox Herbal Supplements & Remedies (1 set)	1	1	1
Hyperbaric Oxygen Therapy (60 min)	1	1	1
Reiki (60 min)	1	1	1
Far Infrared Sauna (30 min)	5	7	10
Chi Nei Tsang (30 min)	5	7	10
Colon Hydrotherapy (60 min)	1	2	2
IV Vitamin Infusion (120 min)			1